2024-2025

ATHLETICS & LEAGUES

THE GUIDE TO ATHLETICS & LEAGUES









SYNERGY SOCCER

SOCCER SHOTS

GENERAL ATHLETICS

PEEWEE PROGRAMS

PROGRAMS RUN FROM MAY 2024-APRIL 2025

FALL 2024

Sports N' More 12496

Children will be introduced to the fundamentals of soccer, t-ball, football, basketball and group games. We provide an opportunity for each child to develop motor skills and grow socially emotionally through teamwork and good sportsmanship, while exposing them to a variety of sporting activities. Ages: 3 - 5

Sep 4 - Sep 25 W 12:45 - 1:30pm \$40

Preschool Gymsters 12497

If you want your preschooler up and moving this class is perfect for you! In this class participants will get an introduction to a variety of preschool activities that include parachute games, scooters, tag and other fun exercises. This class is guaranteed to keep everyone busy and active!

Ages: 3 - 5

Oct 2 - Oct 30 W 12:45 - 1:30pm \$50

Games Galore 12498

In this class participants will enjoy many of their schoolyard favorites. Games will include tag, relays, capture the flag and much more. This class is designed to enhance your child's listening and communication skills in a fun and safe environment. *No Class 11/27

Ages: 3 - 5

Nov 6 - Dec 11 W 12:45 - 1:30pm \$50



Soccer Shots Mini: Ages 2-3 12511

DUPAGE COUNTY'S PREMIER YOUTH SOCCER PROGRAM! OFFERED HERE FOR AGES 2-3 Soccer Shots is an engaging childrens soccer program with a focus on character development. Our caring team positively impacts childrens lives on and off the field through best-in- class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is ageappropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents.

Ages: 1 - 3

Sep 3 - Oct 22 Tu 4:30 - 5:00pm \$125

Soccer Shots Classic: PM Ages 3-5

DUPAGE COUNTY'S PREMIER YOUTH SOCCER PROGRAM! OFFERED HERE FOR AGES 3-5. Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in- class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is ageappropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. *No Class 11/26

Location: Hoffman Park

Ages: 3 - 5

12512 Sep 3 - Oct 22 Tu 5:05 - 5:40pm \$125 12513Sep 3 - Oct 22 Tu 5:45 - 6:20pm \$125

Location: Butterfield Park District

<u>12509</u> Sep 10 - Oct 29 Tu 12:45 - 1:30pm \$125 <u>12510</u> Nov 5 - Dec 17 Tu 12:45 - 1:30pm \$110

K-5 Flag Football

Players will get the opportunity to play the game of football for the entire class. Basic football skills such as passing, catching, route running and defense will be learned. Players will also learn offensive and defensive strategies, as well as learn each position. Teamwork and communication will be emphasized in this fast-paced class.

Location: Hoffman Park

Ages: 5 - 11

12499 Sep 4 - Sep 25 W 4:15 - 5:15pm \$35

12501 Oct 2 - Oct 23 W 4:15 - 5:15pm \$35



K-5 Kickball 12500

Join us as we play some classic Kickball games! Learn each position and work on different techniques on fielding and kicking! Location: Hoffman Park

Ages: 5 - 11

Sep 5 - Sep 26 Th 4:15 - 5:15pm \$35

K-5 Floor Hockey Games 12502

Floor Hockey is the complete hockey experience minus the ice! First week will teach the basics: passing, shooting, puck control, positions, and different offensive and defensive strategies, along with teamwork. Each week following participants will have a short warm-up followed by a full game. Our staff will help kids learn the basics of hockey in a competitive yet fun environment! Location: Butterfield School Gym

Ages: 5 - 11

Oct 3 - Oct 24 Th 4:15 - 5:15pm \$35

FALL 2024

3-5 Basketball Games 12503

Participants will get the opportunity to play the game of basketball for the entire class. Basic basketball skills such as passing, shooting and dribbling will be learned. Participants will also learn offensive and defensive strategies, as well as the roles of each position on a basketball team. Teamwork and communication will be emphasized in this fast-paced class. *No Class November 27th Location: Butterfield School Gym Ages: 8 - 11

Nov 6 - Dec 4 W 4:15 - 5:15pm \$35

K-5 Dodgeball Games 12504

This fast-paced class will get your child moving and dodging like never before. During the class we will teach the participants the rules of the game and strategies needed to be the ultimate dodgeball player. Come out and learn how to dodge, dip, duck and dive.

*No Class November 28th Location: Butterfield School Gym

Ages: 5 - 11

Nov 7 - Dec 5 Th 4:15 - 5:15pm \$35

Dodgeball Night

If you like dodgeball and pizza, then you will love this hour and a half block of non-stop dodgeball games and delicious pizza. Join us on a Friday night as we play multiple types of dodgeball games including jailbreak, medic, a classic game, and so many more.

Ages: 5 - 11

12267 Aug 2 F 6:30 - 8:00pm \$20

12268 Aug 16 F 6:30 - 8:00pm \$20

12480 Sep 13 F 6:30 - 8:00pm \$20

12481 Oct 11 F 6:30 - 8:00pm \$20

<u>12482</u> Nov 8 F 6:30 - 8:00pm \$20

12483Nov 22 F 6:40 - 8:00pm \$20

Synergy Soccer Club Fall League 12517

Synergy will be hosting a Fall league that will allow players to get higher level skills training at a young age while still playing in a recreational or competitive league. The league is open to boys and girls that have an interest in furthering their soccer ability and love for the game. Practices will be held on Tuesdays and Thursdays from 4:30 Pm-5:30 Pm for 8 weeks, participants will have the option of attending one or both practices each week. Games will be on Sundays from 1:00 pm-2:30 pm for 7 weeks. Teams are newly formed each week according to age. *No Games 9/1 *Final Games played on Sunday October 13th Makeup Dates Added if Needed Location: Hoffman Park

Ages: 5 - 11

Aug 20 - Oct 13 Tu Th 4:30 - 5:30pm Su 1:00 - 2:30pm \$180



Synergy Soccer Fall Clinic

Synergy will be hosting a winter clinic that will improve skills for all levels of players higher level skills training. The clinic is open to boys and girls that have an interest in furthering their soccer ability and love for the game. Participants work on the fundamentals of soccer skills such as, passing, offense, defense, and controlling the ball.*No Class 11/26 Located at Butterfield Elementary School Gym. 2S Gray Ave, Lombard.

Ages: 5 - 10

12518 Nov 5 - Dec 10 Tu 4:30 - 5:30pm \$50

12519 Nov 5 - Dec 10 Tu 5:45 - 6:45pm \$50

Teen Basketball Night III 12271

If you like pizza and basketball then you will love this hour and a half block of non-stop basketball games and delicious pizza. Join us on a Friday night as we play multiple games of pickup basketball.

Ages: 11 - 15

Aug 9 F 6:30 - 8:00pm \$20

Karate

Learn the art of self-defense through drills in kicking, punching, and blocking in this martial art called Shotokan Karate. The course will help develop flexibility, self-discipline, stamina, concentration, and courage. Classes are taught by Master Espiritu, who is a 9th degree black belt, three-time All-Philippines National Champion, and Illinois Forms Champion. Feel free to observe or try a class for free!

Ages: 5+

12321 Aug 1 - Aug 31 Th F 5:00 - 6:30pm Sa 1:00 - 4:00pm \$80

<u>12477</u> Sep 5 - Sep 28 Th F 5:00 - 6:30pm Sa 1:00 – 4:00pm \$80

<u>12478</u> Oct 3 - Oct 26 Th F 5:00 - 6:30pm Sa 1:00 - 4:00pm \$80

12479 Nov 1 - Nov 30 Th F 5:00 - 6:30pm Sa 1:00 - 4:00pm \$80







BIRTHDAY PARTY PACKAGES

BIRTHDAY PARTY THEMES

Choose from these FUN party themes:

Superheroes
Princesses
Rainbow Unicorn
Sports or Gymnastics Stars
Down on the Farm
Movie Mania
Mario & Friends
Spa Day
Wizarding World
Crafty Kids
Karate
Baby Shark
Or create your own!

ACTIVITY ROOM & GYMNASIUM

Our activity room or gymnasium are available for a wide variety of events. Both rooms are available Saturdays and Sundays only.

ACTIVITY ROOM

Capacity 60 people Resident fee \$72/hour Non-resident fee \$78/hour

GYMNASIUM

Capacity 75 people Resident fee \$78/hour Non-resident fee \$84/hour

BIRTHDAY PARTY RATES

The \$140 R/\$150 NR fee includes a 2-hour party in the activity room and a facility attendant.

Additional party options:

Theme decorations - \$70

Pizza and beverages for up to 12 guests - \$50 (\$6 per person over 12 guests)

Cake or cupcakes - \$45

