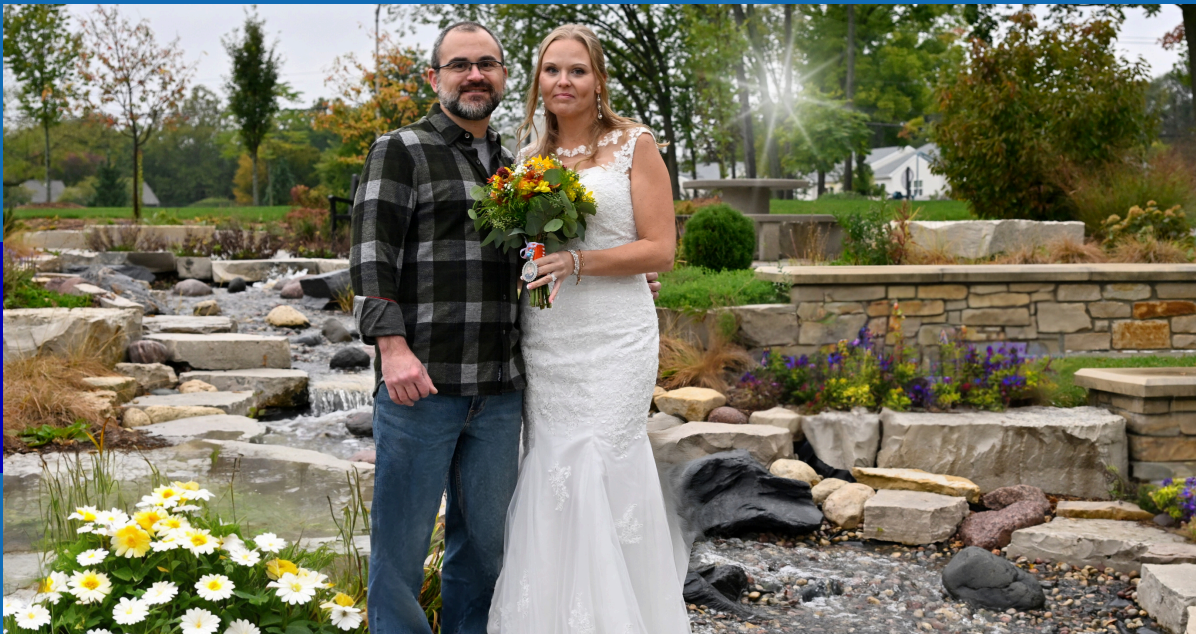


2024-2025

ACTIVE ADULT

THE GUIDE TO ACTIVE ADULT PROGRAMS



BALLROOM DANCE

SWIM LESSONS

TENNIS

GENERAL PROGRAMS

PROGRAMS RUN FROM
MAY 2024-APRIL 2025

Butterfield

PARK DISTRICT



BUTTERFIELD GOLF CLASSIC 2024

GOLF TOURNAMENT

FRI **2024**
SEPT 13

GLENDAL LAKES GOLF CLUB

1550 President Street

Glendale Heights, IL 60139

PROCEEDS TO SUPPORT

- Park District Financial Assistance Program
- Park District Special Events
- Park Improvement Projects
- Before & After School Programs
- Preschool Programs
- Summer Camps

Contact:

Michael Hixenbaugh

630-858-2229 X12



givebutter.com

Butterfield Park District 21W730 Butterfield Road Lombard, IL www.butterfieldpd.com

Email Michael Hixenbaugh at mhixenbaugh@butterfieldpd.com.

FALL 2024

NEW! Once Upon a Book Club 12516

Looking for new and exciting books to read but don't know where to begin? Join us in our NEW Once upon a book club as we start each month with a new book and talk about what we liked and what we disliked about the book! We'd love to have you join us as we share new books with the community and what our recommendations. Enjoy some light snacks and refreshments as we share the joy of reading! August- Suspense: A Friend in the Dark By Samantha M. Bailey September- Fiction: The Sun Is Also a Star By Nicola Yoon October- True Crime: If you Tell By Gregg Olsen November- Romance: Reminders of Him By Collin Hoover We will provide the books!

Ages: 18+

Aug 7 - Nov 27 W 7:00 - 8:30pm \$50

NEW! Tabletop Gaming 12332

If you enjoy playing classic board games then this is the program for you! Join us in playing card games, monopoly, sorry, checkers, and even chess! For questions, contact Deena at Deena@butterfieldpd.com

Ages: 18+

Sep 7 Sa 10:30am - 1:00pm \$15

NEW* At Home Safety 12357

Home is a place to relax, play and enjoy spending time with family. Of course, accidents happen, and there will be minor scrapes and bruises along the way, especially as kids or grandkids grow and discover new things! and thats OK! The problem is the more serious injuries that are often completely preventable.

Ages: 16+

Sep 9 M 6:00 - 7:00pm \$20

New! Oak Park & Garfield Park Conservatories 12375

The Oak Park Conservatory offers a rich atmosphere of flora and fauna throughout three indoor Conservatory showrooms including a Mediterranean room, Tropical room and Desert room. Then we will eat lunch at Roast's of Oak Park. Lunch will be on your own. After lunch we will visit the Garfield Park Conservatory occupies two acres of public treehouse space and 10 acres of outdoor gardens. Cost includes admission to the Oak Park & Garfield Conservatories and transportation.

Ages: 18+

Sep 17 Tu 10:30am - 3:30pm \$30

NEW! Mobile DMV 12305

Skip the line at the DMV and come by the Secretary of State's Mobile Driver Services Event. Services offered include Real ID, driver's and state ID card renewal or correction, vehicle registration stickers, and organ donor registration. Proper identification is required, and payment can be made check, credit card, debit, or money order. No registration required to attend. Age 78 or older? Head to the DMV for a road test. For questions, contact Deena at Deena@butterfieldpd.com

Ages: 18+

Sep 20 F 10:00am - 2:00pm Free

NEW! Puzzlemania 12330

Are you a puzzle master? Don't miss out on our Puzzlemania! Each member of the winning team will receive a prize pack! Teams will receive the same custom puzzle and have up to 2 1/2 hours to complete it. Puzzles will be unwrapped at the same time to begin completion. If no team completes it before the time ends, the winner will be chosen by the fewest number of loose pieces left. Teams can be made up of 2-4 people. You may bring your own drink and snacks to enjoy. For questions, contact Deena at Deena@butterfieldpd.com

Ages: 18+

Sep 21 Sa 10:30am - 1:00pm \$15

New! Funway Bowling 12374

Join us for a good, old-fashioned game of bowling at Fenway! First, we will eat lunch at Harner's Bakery Restaurant in North Aurora, then continue on to Funway to bowl two games! Price includes transportation and bowling. Lunch is on your own.

Ages: 18+

Nov 20 W 10:30am - 3:30pm \$30

Zumba



FALL 2024

Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party! Zumba Fitness utilizes the principles of fitness interval training to maximize caloric output, fat burning and total body toning. Add some red-hot international music and contagious steps such as salsa, merengue, cumbia, hip hop and a few others - and you've got yourself a "fitness-party"! Who knew exercise could be so much FUN! Ages 13 and up. *Dates are subject to change.

Ages: 13+

[12487](#) Sep 3 - Oct 8 Tu 6:30 - 7:30pm \$42

[12488](#) Oct 15 - Nov 19 Tu 6:30 - 7:30pm \$42

Zumba Toning

Zumba Toning Ditch the workout and join the original dance-fitness party! With Zumba Toning, you can just lose yourself in the music and find yourself in shape. Zumba dance workout classes feature exotic rhythms and high-energy Latin international beats. This specialty class will also include Zumba Toning body sculpting routines. Learn how to use light weight weights or maraca-like Toning Sticks to enhance rhythm and tone all your target zones, including arms, abs and thighs. Before you know it, you'll be getting fit and your energy levels will be soaring!

*Optional: Bring a pair of light weights 1-3lbs *Dates are subject to change
Ages: 13+

[12489](#) Sep 4 - Oct 9 W 6:30 - 7:30pm \$42

[12490](#) Oct 16 - Nov 20 W 6:30 - 7:30pm \$42

Adult Vinyasa Yoga

Vinyasa Flow- A yoga practice that centers on linking breath to movement. The instructor strives to create presence in the body and mind while consciously moving the body. Build strength, flexibility, and alignment in a gentle flow class suitable for all yoga levels. Please bring a mat and water. No class 11/28

Ages: 18+

[12291](#) Aug 8 - Aug 29 Th 7:00 - 8:00pm \$40

[12484](#) Sep 5 - Sep 26 Th 7:00 - 8:00pm \$40

[12485](#) Oct 3 - Oct 24 Th 7:00 - 8:00pm \$40

[12486](#) Nov 7 - Dec 5 Th 7:00 - 8:00pm \$40

Beginner Ballroom Dance

Learn how to ballroom dance. This is your opportunity to "Dance Like the Stars!" If you ever thought that learning how the professionals move would be fun, this is definitely the class for you. By Dance Instructor, Jeanette Ibarra.

Ages: 18+

[12492](#) Sep 9 - Oct 14 M 7:00 - 8:00pm \$50/55

[12493](#) Oct 28 - Dec 2 M 7:00 - 8:00pm \$50/55

Intermediate Ballroom Dance

Learn how to ballroom dance. This is your opportunity to "Dance Like the Stars!" If you ever thought that learning how the professionals move would be fun this is definitely the class for you. By Dance Instructor, Jeanette Ibarra. Must have instructor approval before registration.

Ages: 18+

[12494](#) Sep 9 - Oct 14 M 8:00 - 9:00pm \$50/55

[12495](#) Oct 28 - Dec 2 M 8:00 - 9:00pm \$50/55

Ready, Set, Sit! Fitness Class 12508

Can you get a great workout while seated? Yes! This class covers strength and balance using a variety of equipment like light weights, gliders, balls, and resistance bands. The low-impact exercises are perfect for seniors and/or those coming back to fitness after an injury or illness. Caregivers are welcome to attend and assist, if needed. Come get fit while you sit!

Ages: 16+

Sep 4 - Oct 9 W 9:00 - 10:00am \$50

STRONG HIIT Fitness Class 12507

Stop counting reps and train to the beat! This class syncs every squat, burpee, and lunge to music. You'll burn calories while toning your arms, legs, core, and glutes using just your bodyweight. Get ready for results!

Ages: 16+

Sep 7 - Oct 12 Sa 9:30 - 10:30am \$50

Self-Defense Pure & Simple

Do you want to know what to do when confronted by someone or how to stop someone from taking something from you? Learn the principles behind proven techniques to defend yourself and loved ones. Learn about defending against weapons and multiple offenders, while on your feet or on the ground. Real self-defense for the real world, pure and simple.

Ages: 14+

[12526](#) Sep 4 - Oct 9 W 6:00 - 7:00pm \$55

[12527](#) Oct 16 - Nov 20 W 6:00 - 7:00pm \$55



FALL 2024

Tennis - Red Ball (5-7) 12433

Red Class is an introduction to the basic strokes of tennis and emphasizes having fun and continuing athletic development. Red classes are for children ages 5-7. Classes are played with an oversized, lower compression red ball with lower bounce that is easier to hit. A 19-23-inch racquet is recommended. Taught by HealthTrack Tennis pros!

Ages: 5 - 7

Sep 7 - Oct 12 Sa 9:00 - 10:00am \$220

Tennis - Orange Ball (8-10) 12434

Orange Classes are designed to teach students the strokes and strategies of tennis on a modified court. Classes are for children ages 8-10 and are played with an orange ball that is 50% slower than regular tennis balls. These tennis balls bounce lower and are easier to hit, allowing kids to learn faster and have more fun! A 23-25-inch racquet is recommended. Taught by HealthTrack Tennis pros!

Ages: 8 - 10

Sep 7 - Oct 12 Sa 9:00 - 10:30 am \$220

Tennis - Green Ball (9-12) 12435

Green Class is a class designed to teach students the strokes and strategies of tennis. Green Classes are for those ages 9-12 and are played with a green-dot ball that is about 25% slower than regular tennis balls. These tennis balls are more forgiving which allow continued development of technique, movement, and strategy. 26-inch racquet is recommended. Taught by HealthTrack Tennis pros!

Ages: 9 - 12

Sep 7 - Oct 12 Sa 10:30 - 12:00pm \$220

Tennis - Teen Beginner (12-18) 12436

Teen Beginner is an introductory tennis class. This class equips players with the fundamentals of tennis, and is designed to prepare them for entry into high school teams. Taught by HealthTrack Tennis pros!

Ages: 12 - 18

Sep 7 - Oct 12 Sa 10:30am - 12:00pm \$220

Adult Doubles Pickleball League 12440

Grab a partner and join us in this doubles league! Games will be played every Sunday morning between 9:00am - 12:00pm. This is a doubles league where you will play a different team each week for 7 weeks followed by a single elimination tournament on the 8th week. This is a competitive recreational league. We recommend your skill level is 3.0 and up! *Fee pays for BOTH you and your partner. *If you or your partner can not make a week you will be responsible for finding your own subs. *No Games 9/1

Ages: 18+

Aug 25 - Oct 20 Su 9:00am - 12:00pm \$80

Adult Pickleball

If you are a fan of the popular game of pickleball or if you would like to learn how to play, this class is for you. In this class we will go over the rules, hitting techniques, and have lots of time to play games. This exciting game combines the thrill of tennis without the harsh movement and strain it puts on your body. Taught by HealthTrack Pros!

Ages: 18+

[12438](#) Sep 3 - Oct 8 Tu 5:30 - 6:30pm \$150

[12439](#) Sep 4 - Oct 9 W 5:30 - 6:30pm \$150

Adult Recreational Tennis 12437

This tennis program consists of drills and instruction on Monday evening plus open game play. Taught by HealthTrack Tennis pros! *No Class 9/2

Ages: 16+

Aug 26 - Oct 7 M 6:00 - 7:30pm \$160



FALL 2024

Touch-A-Truck 12241

Join the Butterfield Park District as we host our second Touch-A-Truck. The event is to show the community how these different trucks keep our community safe, clean, and running smoothly. By joining us at this free family friendly event that will bring children of all ages, including adults, and gives them a chance to touch, and interact with various types of vehicles and equipment owned by local businesses and members of the community. Walk-in participation welcome!

All Ages

Aug 17 Sa 10:00am - 12:00pm Free

Doggie Dip 12288

Summer is coming to a close which means it's time for a dog friendly event! Enjoy a fun filled evening dedicated to the dogs! During this event the pool is for our 4-legged friends and NOT for the patrons! The fee will be \$15.00 per dog. Doggie Dip Rules: One dog per handler, \$1 for additional spectator accompanying the handler, please no children under the age of 14 permitted No outside spectators will be permitted Must bring proof of current vaccinations and dog license Dogs must wear a flat quick-release collar while in the pool Doggie swimmers only, canine lifejackets are permitted Well-mannered and trained dogs only, no aggressive dogs Un-neutered dogs are not allowed. Owners must clean up after their dogs. Do not bring food or beverages to the event. No glass is permitted. Lifeguards will be on hand to assist patrons.

Ages: 14+

Sep 3 Tu 5:00 - 7:00pm \$15

Concerts @ The Glen - The Mickey Hatfield Trio 12040

Grab the kids and some snacks and join the Butterfield Park District for an outdoor concert. What better way to enjoy a fall afternoon than to spread out a blanket and listen to some great tunes! All participants need to be accompanied by an adult 18 and older. Pre-registration is required.

All Ages

Sep 14 Sa 12:00 - 2:00pm Free

Fall Craft Fair 12240

We invite you to join us at the Glen located on the corner of Butterfield and 53 to shop over 30 local crafters and vendors! While you shop at the Glenbriar Park you can take a stroll along the paved path, test your balance and strength on the challenge course. We will have a live band performing as well too! We look forward to seeing you and your family at the Glen! If you are interested in being a crafter or vendor, please contact Deena Wrobbel @ Deena@Butterfieldpd.com Rain make up date is September 23.

All Ages

Sep 14 Sa 10:00am - 4:00pm Free

NEW!! Fall Fest 12441

Come join the Butterfield Park District in its first-ever Fall Fest on October 5 from 11am-1pm! This is an opportunity for families in our community to get together to celebrate the changing of the seasons, all while participating in games, activities and good food! Fall Fest is a fun-filled day including: *Arts and Crafts*Facepainting*Food Vendors*Inflatables-inflatable bounce house, inflatable maze, and inflatable slide*Petting zoo*Pumpkin picking. If you have any questions, please reach out to Deena at Deena@butterfieldpd.com

Ages: 2 - 12

Oct 5 Sa 11:00am - 1:00pm \$20

NEW! Pumpkin Demo 12515

Don't trash them! Smash them! Join the Butterfield Park District as we host our first Pumpkin Demo. The event is to show the community how we properly recycle those spooky pumpkins our families decorate for the fall season! Republic Service will be co-hosting this event with us as we help make this fall season a bit more green!

All Ages

Nov 2 Sa 11:00am - 1:00pm Free

Saturday, October 5

Fall Fest



Let the Butterfield Park District Create a Special Birthday Party for You!



BIRTHDAY PARTY PACKAGES

BIRTHDAY PARTY THEMES

Choose from these FUN party themes:

Superheroes
Princesses
Rainbow Unicorn
Sports or Gymnastics Stars
Down on the Farm
Movie Mania
Mario & Friends
Spa Day
Wizarding World
Crafty Kids
Karate
Baby Shark
Or create your own!

ACTIVITY ROOM & GYMNASIUM

Our activity room or gymnasium are available for a wide variety of events. Both rooms are available Saturdays and Sundays only.

ACTIVITY ROOM

Capacity 60 people
Resident fee \$72/hour
Non-resident fee \$78/hour

GYMNASIUM

Capacity 75 people
Resident fee \$78/hour
Non-resident fee \$84/hour

BIRTHDAY PARTY RATES

The \$140 R/\$150 NR fee includes a 2-hour party in the activity room and a facility attendant.

Additional party options:

Theme decorations - \$70

Pizza and beverages for up to 12 guests - \$50 (\$6 per person over 12 guests)

Cake or cupcakes - \$45



STRONG HIIT FITNESS CLASS

HIIT

HIGH INTENSITY
INTERVAL
TRAINING



STRONG HIIT FITNESS CLASS

#12507

AGES 16+

Stop counting reps and train to the beat! This class syncs every squat, burpee, and lunge to music. You'll burn calories while toning your arms, legs, core, and glutes using just your bodyweight. Get ready for results!

Sep 7 - Oct 12 Sa 9:30 - 10:30am \$50



21W730 Butterfield Road, Lombard, IL

630-858-2229 x11

Contact Lucas Gallagher for additional information.

www.butterfieldpd.com