2024-2025

ATHLETICS & LEAGUES

THE GUIDE TO ATHLETICS & LEAGUES









SYNERGY SOCCER

SOCCER SHOTS

GENERAL ATHLETICS

PEEWEE PROGRAMS

PROGRAMS RUN FROM MAY 2024-APRIL 2025

Preschool Open Gym Drop off

In this one day class, participants will enjoy many of their schoolyard favorites. Games will include tag, relays, sports and much more. This class is designed to enhance your child's listening and communication skills in a fun and safe environment.

Ages: 3 - 5

11997 May 8 W 12:45 - 1:30pm \$10 11998 May 15 W 12:45 - 1:30pm \$10

Preschool Gymsters 12278

If you want your preschooler up and moving this class is perfect for you! In this class participants will get an introduction to a variety of preschool activities that include parachute games, scooters, tag and other fun exercises. This class is guaranteed to keep everyone busy and active! Location: Butterfield Park District Gym No Class 7/1 Sale From March 1 - March 17 20% off Register Today!

Ages: 3 - 5

Jun 10 - Jul 22 M 11:15am - 12:00pm \$50

Sports N' More 12281

Children will be introduced to the fundamentals of soccer, t-ball, football, basketball and group games. We provide an opportunity for each child to develop motor skills and grow socially emotionally through teamwork and good sportsmanship, while exposing them to a variety of sporting activities. No Class 7/2 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park.

Ages: 3 - 5

Jun 11 - Jul 23 Tu 11:15am - 12:00pm \$50

Little League T-Ball 12286

This introductory t-ball program is perfect for a child who wants to have fun, make new friends, and be introduced to baseball! Each participant has the opportunity to hit, field, throw, catch, and run the bases in this fun-filled skills clinic. Participants are also introduced to the basic rules of the game. The program stresses teamwork over competition. All you need to bring is a glove! *No Class 7/4 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park. Ages: 3 - 5

Jun 13 - Jul 25 Th 11:15am - 12:00pm \$50

Sports Extravaganza K-5 12284

Try different sports in this exciting class! Children will play a new sport each week. Sports include soccer, kickball, hockey, basketball and football. This class will enhance teamwork and communication skills. No Class 7/4 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park

Ages: 5 - 10

Jun 13 - Jul 25 Th 9:00am - 10:00am \$50

Soccer Shots Classic: Ages 3-5 12302

DUPAGE COUNTY'S PREMIER YOUTH SOCCER PROGRAM! OF-FERED HERE FOR AGES 3-5. Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. Location: Hoffman Park

Ages: 3 - 5

Jun 18 - Aug 13 Tu 12:45 - 1:30pm \$140

Soccer Shots Ages 2-3 12297

DUPAGE COUNTY'S PREMIER YOUTH SOCCER PROGRAM! OF-FERED HERE FOR AGES 2-3. Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. Location: Hoffman Park

Ages: 2 - 3

Jun 18 - Aug 13 Tu 4:30 - 5:00pm \$140

Soccer Shots Ages 3-5

DUPAGE COUNTY'S PREMIER YOUTH SOCCER PROGRAM! OF-FERED HERE FOR AGES 3-5. Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. Location: Hoffman Park

Ages: 3 - 6

12298 Jun 18 - Aug 13 Tu 5:15 - 5:50pm \$140 12299 Jun 18 - Aug 13 Tu 6:00 - 6:35pm \$140



ATHLETICS & LEAGUES

SUMMER 2024

Dodgeball Games 12277

This fast-paced class will get your child moving and dodging like never before. During the class we will teach the participants the rules of the game and strategies needed to be the ultimate dodgeball player. Come out and learn how to dodge, dip, duck and dive. Location: Butterfield Park District Gym No Class 7/1 Sale From March 1-March 17 20% off Register Today!

Ages: 5 - 11

Jun 10 - Jul 22 M 10:10 - 11:10am \$50

Dodgeball Night

If you like dodgeball and pizza, then you will love this hour and a half block of non-stop dodgeball games and delicious pizza. Join us on a Friday night as we play multiple types of dodgeball games including jailbreak, medic, a classic game, and so many more. *Sale From March 1 - March 17 20% off Register Today!

Ages: 5 - 11

11899 May 3 F 6:30 - 8:00pm \$20

11900 May 17 F 6:30 - 8:00pm \$20

12265 Jun 14 F 6:30 - 8:00pm \$20

12266 Jul 12 F 6:30 - 8:00pm \$20

12267 Aug 2 F 6:30 – 8:30pm \$20

<u>12268</u> Aug 16 F 6:30 – 8:30pm \$20

Flag Football Games 3-5 12285

If you love football, then you will love this program. Participants will play flag football games, using flags to stop the opponent. There will be no contact, but rest assured it will be action packed. New teams will be formed each week. No Class 7/4 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park

Ages: 8 - 10

Jun 13 - Jul 25 Th 10:10 - 11:10am \$50

Floor Hockey Games K-5 12276

Participants will get the opportunity to play the game of floor hockey for the entire class. Basic hockey skills such as passing, shooting and puck control will be taught. Participants will also learn offensive and defensive strategies, as well as learn each position. Teamwork and communication will be emphasized in this fast-paced class. Location: Butterfield Park District Gym No Class 7/1 Sale From March 1 - March 17 20% Off Register Today!

Ages: 5 - 11

Jun 10 - Jul 22 M 9:00 - 10:00am \$50

Hoffman Park Basketball 3rd-5th Grade 12279

This camp is perfect if you want to expand your basketball skills. All the skills needed to play the game will be taught through drills and games in a non-competitive environment. Learning how to work as a team is stressed. A game will be played at the end of each class. No Class 7/2 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park.

Ages: 8 - 10

Jun 11 - Jul 23 Tu 9:00 - 10:00am \$50

Hoffman Park Kickball K-5 12280

This class is great if you love kickball. All of the basic skills needed to play kickball will be taught through game play. Teamwork and sportsmanship are emphasized in this class. New teams will be picked each class. Transportation from summer camp will be available! No Class 7/2 Sale From March 1 - March 17 20% off Register Today! Location: Hoffman Park

Ages: 5 - 10

Jun 11 - Jul 23 Tu 10:10 - 11:10am \$50

Synergy Soccer Club Summer League 12283

Synergy will be hosting a Summer league that will allow players to get higher level skills training at a young age while still playing in a recreational or competitive league. The league is open to boys and girls that have an interest in furthering their soccer ability and love for the game. Practices will be held at Glenbard South High School on Tuesdays and Thursdays from 4:30 pm-5:30 pm for 8 weeks, participants will have the option of attending one or both practices each week. Games will be at Hoffman Park on Sundays from 1:00 pm-2:30 pm for 8 weeks. Teams are newly formed each week according to age. *Final Games played on Sunday August 4th No games July 7th and No practice July 2nd or 4th Makeup Dates Added if Needed Sale From March 1 - March 17 20% off Register Today! Ages: 5 – 10

<u>Jun 4</u> - Aug 4 Tu Th 4:30 – 5:30pm

Su 1:00 – 2:30pm \$180



Synergy Soccer Summer Camp

Synergy will be hosting 4 - one week camps that offer players born 2010-2017 the opportunity to develop themselves as a player in a fun and competitive environment. All players will need to bring a ball and their own water. Cost is \$75 a week or \$250 for all 4 weeks. Players will have the opportunity to use these skills in various games and activities and each session will end with a small sided game. Located at Glenbard South High School Sale From March 1- March 17 20% off Register Today!

Ages: 5 - 11

 $\underline{12272}$ Jul 8 - Jul 11 M Tu W Th 4:00 - 5:30pm \$75

12273 Jul 15 - Jul 18 M Tu W Th 4:00 - 5:30pm \$75

12274 Jul 22 - Jul 25 M Tu W Th 4:00 - 5:30pm \$75

12275 Jul 29 - Aug 1 M Tu W Th 4:00 - 5:30pm \$75

Teen Basketball Night

If you like pizza and basketball then you will love this hour and a half block of non-stop basketball games and delicious pizza. Join us on a Friday night as we play multiple games of pickup basketball. Sale From March 1-March 17 20% off Register Today!

Ages: 11 - 15

11893 May 10 F 6:30 - 8:00pm \$20

12269 Jun 21 F 6:30 - 8:00pm \$20

12270 Jul 19 F 6:30 - 8:00pm \$20

<u>12271</u> Aug 9 F 6:30 – 8:00pm \$20

Butterfield 9 Hole Golf Tour

Introducing the Butterfield Park District 9-hole golf tour! Get your crew together for a fun outing at one of the local 9-hole courses. This is an opportunity for novice and experienced golfers to try a new course. Arrowhead Golf Club is located at 26W151 Butterfield Rd, Wheaton, IL 60189. Sign up with a friend/foursome and enjoy a morning of golf! A week before the outing you will receive confirmation of your tee time/ group. Tee times are between 12:30pm and 1:00pm. The price covers green and cart fees.

Ages: 10+

12292 May 5 Su 12:30 - 2:30pm \$40

12293 May 5 Su 12:40 - 2:40pm \$40

12294 May 5 Su 12:50 - 2:50pm \$40

12295 May 5 Su 1:00 - 3:00pm \$40

Tennis/Swimming Camp One Day Drop-In 12116

In this Camp participants will work with HealthTracks Tennis Pros to further advance their tennis skills. Participants will be split into groups based on skill. Tennis will be the focus from 10:00-11:30 am with skills, drills, and match play. Lunch follows until noon, from 12:00-1:15 kids will get to cool off in the pool and swim. Pickup will be at 1:30 at the Tennis Courts. Bring tennis attire, packed lunch, sunscreen, bathing suit, and towel. This is a one day drop in option. You will pick what day you want to attend camp. When inclement weather is anticipated, we will make decision by 9am if camp is canceled for the day. We will update our Rainout Line app and send an email. To schedule a makeup day contact Lucas Gallagher-lucas@butterfieldpd.com

Ages: 5 - 13

Jun 10 - Aug 8 M Tu W Th 10:00am - 1:30pm \$50



Tennis/Swimming Camp

In this Camp participants will work with HealthTracks Tennis Pros to further advance their tennis skills. Participants will be split into groups based on skill. Tennis will be the focus from 10:00-11:30 am with skills, drills, and match play. Lunch follows until noon, from 12:00-1:15 kids will get to cool off in the pool and swim. Pickup will be at 1:30 at the Tennis Courts. Bring tennis attire, packed lunch, sunscreen, bathing suit, and towel. When inclement weather is anticipated, we will make decision by 9am if camp is canceled for the day. We will update our Rainout Line app and send an email. To schedule a makeup day contact Lucas Gallagher-

lucas@butterfieldpd.com

Ages: 5 - 13

12118 Jun 10 - Jun 13 M Tu W Th 10:00am - 1:30pm \$150

12119 Jun 17 - Jun 20 M Tu W Th 10:00am - 1:30pm \$150

12120 Jun 24 - Jun 27 M Tu W Th 10:00am - 1:30pm \$150

<u>12121</u> Jul 8 - Jul 11 M Tu W Th 10:00am - 1:30pm \$150

12122 Jul 15 - Jul 18 M Tu W Th 10:00am - 1:30pm \$150

<u>12123</u> Jul 22 - Jul 25 M Tu W Th 10:00am - 1:30pm \$150 12124 Jul 29 - Aug 1 M Tu W Th 10:00am - 1:30pm \$150

<u>12125</u> Aug 5 – Aug 8 M T W Th 10:00am – 1:30pm \$150

Specialty Tennis/Swimming Camp

This is a specialty camp for participants who are enrolled in our 2024 Summer Camp. In this Camp participants will work with HealthTracks Tennis Pros to further advance their tennis skills. Participants will be split into groups based on skill. Tennis will be the focus from 10:00-11:30 am with skills, drills, and match play. Lunch follows until noon, from 12:00-1:15 kids will get to cool off in the pool and swim. Pickup will be at 1:30 at the Tennis Courts. Bring tennis attire, packed lunch, sunscreen, bathing suit, and towel. When inclement weather is anticipated, we will make decision by 9am if camp is canceled for the day. We will update our Rainout Line app and send an email. To schedule a makeup day contact Lucas Gallagher-lucas@butterfieldpd.com

Ages: 5 - 13

12127 Jun 10 M 10:00am - 1:30pm \$40

12128 Jun 17 M 10:00am - 1:30pm \$40

12129 Jun 24 M 10:00am - 1:30pm \$40

12130 Jul 8 M 10:00am - 1:30pm \$40

12131 Jul 15 M 10:00am - 1:30pm \$40

12132 Jul 22 M 10:00am - 1:30pm \$40

12133 Jul 29 M 10:00am - 1:30pm \$40

12134 Aug 5 M 10:00am - 1:30pm \$40

Tennis - Red Ball (5-7) 12224

Red Class is an introduction to the basic strokes of tennis and emphasizes having fun and continuing athletic development. Red classes are for children ages 5-7. Classes are played with an oversized, lower compression red ball with a lower bounce that is easier to hit. A 19-23-inch racquet is recommended. Taught by HealthTrack Tennis pros! *No Class July 6 Sale From March 1-March 17 20% off Register Today!

Ages: 5 - 7

Jun 8 - Aug 3 Sa 9:00 - 10:00am \$240

Tennis - Orange Ball (8-10) 12225

Orange Classes are designed to teach students the strokes and strategies of tennis on a modified court. Classes are for children ages 8-10 and are played with an orange ball that is 50% slower than regular tennis balls. These tennis balls bounce lower and are easier to hit, allowing kids to learn faster and have more fun! A 23-25-inch racquet is recommended. Taught by HealthTrack Tennis pros! *No Class July 6 Sale From March 1-March 17 20% off Register Today!

Ages: 8 - 11

Jun 8 - Aug 3 Sa 9:00 - 10:30am \$240

Tennis - Green Ball (9-12) 12226

Green Class is a class designed to teach students the strokes and strategies of tennis. Green Classes are for those ages 9-12 and are played with a green-dot ball that is about 25% slower than regular tennis balls. These tennis balls are more forgiving which allow continued development of technique, movement, and strategy. 26-inch racquet is recommended. Taught by HealthTrack Tennis pros! *No Class July 6 Sale From March 1-March 17 20% off Register Today!

Ages: 9 - 12

Jun 8 - Aug 3 Sa 10:45am - 12:15pm \$240

Tennis - Teen Beginner (12-18) 12227

Teen Beginner is an introductory tennis class. This class equips players with the fundamentals of tennis, and is designed to prepare them for entry into high school teams. Taught by HealthTrack Tennis pros! *No Class July 6 Sale From March 1-March 17 20% off Register Today!

Ages: 12 - 18

Jun 8 - Aug 3 Sa 10:45am - 12:15pm \$240

Adult Doubles Pickleball League 12232

Grab a partner and join us in this doubles league! Games will be played every Sunday morning between 9:00am - 12:00pm. This is a doubles league where you will play a different team each week for 7 weeks followed by a single elimination tournament on the 8th week. This is a competitive recreational league. We recommend your skill level is 3.0 and up! The fee pays for BOTH players! *If you or your partner can not make a week you will be responsible for finding your own subs. *No games July 7

Ages: 18+

Jun 2 - Jul 28 Su 9:00am - 12:00pm \$80

Cardio Tennis 12228

Cardio tennis is an action packed class designed to give all participants a high energy, full body workout. The class consists of both tennis and cardiovascular activities to get the body moving! *No Class July 4 Sale From March 1-March 17 20% off Register Today!

Ages: 18+

Jun 6 - Aug 1 Th 9:00 - 10:00am \$120



Adult Recreational Tennis 12229

This tennis program consists of drills and instruction on Monday evening plus open game play. Taught by HealthTrack Tennis Pros! Sale From March 1-March 17 20% off Register Today!

Ages: 16+

Jun 10 - Jul 29 M 6:00 - 7:30pm \$160

Adult Pickleball

If you are a fan of the popular game of pickleball or if you would like to learn how to play, this class is for you. In this class we will go over the rules, hitting techniques, and have lots of time to play games. This exciting game combines the thrill of tennis without the harsh movement and strain it puts on your body. Taught by HealthTrack Pros! No Class July 2 & 3 Ages: 18+

12230 Jun 11 - Aug 6 Tu 5:30 - 6:30pm \$150 12231 Jun 11 - Aug 6 Tu 6:30 - 7:30pm \$150 12234Jun 12 - Aug 7 W 5:30 - 6:30pm \$150

Adult Pickleball Advanced 12233

If you are a fan of the popular game of pickleball or if you would like to learn how to play, this class is for you. In this class we will go over the rules, hitting techniques, and have lots of time to play games. This exciting game combines the thrill of tennis without the harsh movement and strain it puts on your body. Taught by HealthTrack Pros! No Class July 3 Ages: 18+

Jun 12 - Aug 7 W 6:30 - 7:30pm \$150



Karate

Learn the art of self-defense through drills in kicking, punching, and blocking in this martial art called Shotokan Karate. The course will help develop flexibility, self-discipline, stamina, concentration, and courage. Classes are taught by Master Espiritu, who is a 9th degree black belt, three-time All-Philippines National Champion, and Illinois Forms Champion. Feel free to observe or try a class for free!

Ages: 5+

<u>11887</u> May 2 - May 31 Th F 5:00 - 6:30pm Sa 1:00 - 4:00pm \$80





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