



PROGRAM GUIDE

# BUTTERFIELD PARK DISTRICT TENNIS PROGRAMS

**TENNIS**

**2023 -  
2024**

**BUTTERFIELD PARK DISTRICT  
BUTTERFIELDPD.COM**

**650-858-2229**

**Tennis - Red Ball (5-7) 11759**

Red Class is an introduction to the basic strokes of tennis and emphasizes having fun and continuing athletic development. Red classes are for children ages 5-7. Classes are played with an oversized, lower compressions red ball with lower bounce that is easier to hit. A 19-23 inch racquet. Taught by HealthTrack Tennis pros! \*No Class 9/2  
Ages: 5 - 7

Aug 26 - Oct 7 Sa 9:00 - 10:00am \$220

**Tennis - Orange Ball (8-10) 11760**

Orange Classes are designed to teach students the strokes and strategies of tennis on a modified court. Classes are for children ages 8-10 and are played with an orange ball that is 50% slower than regular tennis balls. These tennis balls bounce lower and are easier to hit, allowing kids to learn faster and have more fun! A 23-25 inch racquet is recommended. Taught by HealthTrack Tennis pros! \*No Class 9/2  
Ages: 8 - 10

Aug 26 - Oct 7 Sa 9:00 - 10:30am \$220

**Tennis - Green Ball (9-12) 11761**

Green Class is a class designed to teach students the strokes and strategies of tennis. Green Classes are for those ages 9-12 and are played with a green-dot ball that is about 25% slower than regular tennis balls. These tennis balls are more forgiving which allow continued development of technique, movement, and strategy. A 26-inch racquet is recommended. Taught by HealthTrack Tennis pros! \*No Class 9/2  
Ages: 9 - 12

Aug 26 - Oct 7 Sa 10:30am - 12:00pm \$220

**Tennis - Teen Beginner (12-18) 11762**

Teen Beginner is an introductory tennis class. This class equips players with the fundamentals of tennis, and is designed to prepare them for entry into high school teams. Taught by HealthTrack Tennis pros! \*No Class 9/2  
Ages: 12 - 18

Aug 26 - Oct 7 Sa 10:30am - 12:00pm \$220

**Adult Doubles Pickleball League 11560**

Grab a partner and join us in this doubles league! Games will be played every Sunday morning between 9:00am - 12:00pm. This is a doubles league where you will play a different team each week for 7 weeks followed by a single elimination tournament on the 8th week. This is a competitive recreational league. We recommend your skill level is 3.0 and up! \*Fee pays for BOTH you and your partner. \*If you or your partner can not make a week you will be responsible for finding your own subs.

Ages: 18+

Aug 27 - Oct 15 Su 9:00am - 12:00pm \$80

**Adult Recreational Tennis 11758**

This tennis program consists of drills and instruction on Monday evening plus open game play. Taught by HealthTrack Tennis pros! \*No Class 9/4

Ages: 16+

Aug 28 - Oct 9 M 6:00 - 7:30pm \$160

**Adult Pickleball**

If you are a fan of the popular game of pickleball or if you would like to learn how to play, this class is for you. In this class we will go over the rules, hitting techniques, and have lots of time to play games. This exciting game combines the thrill of tennis without the harsh movement and strain it puts on your body.

Ages: 18+

