



**Butterfield Park District**

21 W 730 Butterfield Rd

Lombard, IL 60148

(630) 858-2229

[www.butterfieldpd.com](http://www.butterfieldpd.com)

## **WELCOME TO THE DIVE TEAM**

Welcome to the Butterfield Park District Dive Team!! The "Bullfrogs", is a dive team that offers individuals the chance to excel with their diving talent, while encouraging a team spirit that unites us all. Your child will have the opportunity to dive competitively, to be a team member, practice and learn and strengthen dive techniques. Welcome to new members as well as returning members to the team.

The handbook has been compiled to provide divers and their parents with everything one needs to know about the Butterfield Dive Team. Being on the team is a family commitment, as the responsibilities for running a dive team such as ours are equally shared by both the divers and parents. Working together, the Butterfield Bullfrog Dive Team is more successful and more enjoyable for everyone!

Please be sure to read this handbook thoroughly.



# DIVER AND PARENT RESPONSIBILITIES

## **Parent Responsibilities**

1. There is no specific sign-up for parent volunteering. However, a great part of our success is due to parent volunteers.
2. Parents are allowed on the Pool Deck during practice, however we ask that refrain from interfering during practice time.
3. Please do not drop off your child for the dive meets. They need to be supervised at all times and this is a family program.
4. Inform your coach **3 DAYS IN ADVANCE VIA EMAIL** if your son or daughter will not be able to attend a meet that they had previously committed to.

# Diver Responsibilities

1. Come to practice everyday and be on time.
2. Be prepared properly for practices and for meets;
3. Every diver should have:

A swim suit (One piece suit for girls/ Trunks or Jammers for boys)  
Hair tie for girls  
Several towels  
Sweats/ warm clothing  
A good, positive attitude

4. Check Dive Team Website/and or file box for notices and special information. Take handouts home.

5. Take shower before entering pool.

6. Listen to the coaches  
- don't enter water  
without their permission.

7. Good attendance at dive practices -  
attendance will be taken.



# PRACTICE INFORMATION

Practices take place on  
Mondays, Tuesdays, and  
Thursdays from  
4:45-6:45pm \*

\*Divers might be broken up in different time slots to allow for more practice time on board. Coach will keep you advised.

Meets will occur on the same  
days and times.

## ATTENDANCE AT PRACTICE

Attendance will be taken at every practice. Those divers showing team dedication by attending practices on a regular basis will dive in meets more often than divers who do not participate in practices as much.

### PRACTICE IS ALMOST NEVER CANCELED.

If the weather is unsuitable for diving, divers will exercise in the Park District building, if space is available.

### **Absences**

It is essential *NOT* to miss practice. If you know you will have to miss practice, please tell the coach as soon as possible. In cases such as vacations, other sports, etc., please provide the coach with a note or email from a parent at least 1 day in advance.

# **BULLFROG BEHAVIOR**

All members of the Butterfield Bullfrogs Dive Team are expected to exhibit only the best in behavior at all practices, at meets and other team activities. These areas include:

**Sportsmanship...** cheers and supports all divers, win and lose graciously.

**Proper language...** is expected at all times. Profanity, either written or verbal, during the dive meet is prohibited by Conference Rules. This will result in a diver being disqualified for that meet. Improper language will not be tolerated during practice or team functions. This is the only warning.

**Respect...** for coaches, teammates and parent volunteers at all times. Directions are to be followed at all times.

**Honesty...** Have your equipment well marked with your name. Keep your belongings together at all times. Any diver involved in bothering other diver's belongings, stealing or damage to any property can be suspended or expelled from the team.

**Safety...** Follow safety guidelines in and around pool/park district grounds. There is no running on deck at any time. Divers should remain with coaches until a parent arrives for pick-up

## GENERAL INFORMATION

### DUPAGE SWIM AND DIVE CONFERENCE



We belong to the DUPAGE Swim and Dive Conference. This swim teams consist of three divisions: White, Red, and Blue. There are five dive teams in the conference:

**Butterfield**  
**Addison**  
**Bloomingtondale**  
**Lombard**

# **BULLFROG RECOGNITION** **AND AWARDS**

## **Most Improved Diver**

Presented to one boy and one girl in each age group. Selected by the coaching staff based on overall progress throughout the season.

## **Bullfrog Award**

Presented to one boy and one girl from the team. This award is given to the divers who best exemplify the full commitment to self-improvement and excellence in diving. These divers are those who best represent the team, both in and out of the water.

## **Team and Conference Record Breakers**

Divers will be presented with trophies for establishing Butterfield Team records and DuPage Swim and Dive Conference records. Team records will be posted on the Bullfrog bulletin board in Park District Lobby.

**The best reward is that of pride in diving your best and a job well done. Parents and divers are encouraged to support and acknowledge each diver's effort every meet!**

# **SPECIAL EVENTS**



## **Team Gift**

Each year every member of the team receives a team gift. The gift is usually presented after the season has started. This gift is to thank all the swimmers/divers for their efforts and hard work throughout the season.

## **Team Field Trip**

Previous years we have gone to an area water park. It is a great opportunity for the team to relax and play together! Details for this event will be announced.

## **Splash Party**

This event will be held on Sunday, July 29, 2018 from 5:00 to 8:00 pm. It is our chance to congratulate and reward our swimmers/divers, and spend a relaxing evening together. All swimmers /divers are recognized at the Splash Party for all their hard work. It is an evening you will not want to miss!

# Bullfrog Dive Meet Schedule

Butterfield					
Date	Meet		Location	Warmup	Meet Start
6/14/2018	Butterfield vs. Lombard	@	home	4:00 p.m.	5:00 p.m.
6/19/2018	Butterfield vs. Addison	@	Addison	4:30 p.m.	5:00 p.m.
6/25/2018	Butterfield vs. Bloomingdale	@	Bloomingdale	4:30 p.m.	5:00 p.m.
7/5/2018	Butterfield vs. Lombard	@	Lombard	4:30 p.m.	5:00 p.m.
7/10/2018	Butterfield vs. Addison	@	home	4:00 p.m.	5:00 p.m.
7/16/2018	Butterfield vs. Bloomingdale	@	home	4:00 p.m.	5:00 p.m.



# MEET DIRECTIONS

## ADDISON

TBD

## BLOOMINGDALE

**The Oasis**, 172 S. Circle Avenue, Bloomingdale, IL 60108, adjacent to the Johnson Recreation Center at the Bloomingdale Park District. From the west, take Lake Street (20) past Bloomingdale Road to Fairfield Way. Turn right heading south, go past Schick Road, turn left into the Westfield Middle School Parking Lot. From the east, take Lake Street (20) past Glen Ellyn Road to Fairfield Way. Turn left heading south, go past Schick Road and turn left into the Westfield Middle School Parking Lot. Parking is available at the Westfield Middle School, not the Oasis parking lot. Park and follow the walking path to the Oasis. **PLEASE DO NOT PARK IN THE OASIS PARKING LOT.** Additional parking, if needed, is located just south of the Westfield School off of Fairfield Way at Circle Park. A walking path is available from the parking lot to the Oasis.

## BUTTERFIELD

**Butterfield Park District**, 21W730 Butterfield Rd., Lombard, IL 60148, North side Butterfield Rd. (Rt. 56), east of Rt. 53 and west of Rt. 355. Rt. 53 south to Butterfield Rd., east 1 block to pool on north side of street. Or Rt. 355 to Butterfield Rd. (Rt. 56), west to pool.

## LOMBARD

**Paradise Bay Water Park** 433 E. St. Charles Rd. Lombard, IL 60148, Corner of Grace & St. Charles Rd.

Lets Go  
Bullfrogs!

